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INDEPENDENT REGULATORY  
REVIEW COMMISSION

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Board Administrator  
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To the Board:

I recently moved to \_\_\_\_\_ from \_\_\_\_\_  
I had a Nurse Practitioner as my health care professional for the last fifteen years. Since I received excellent care, I actively sought out and found a Nurse Practitioner here in Pa. The only problem is that I have been on xanax for the last five years and because of the prescribing limitations in this state I have to go back monthly for my refills rather than every three months.

I can't say how others feel about this prescribing policy. For me being a widow on a fixed income I find it to be an unjust hardship on myself and others who are retired on a fixed income. The laws governing these restrictions should be changed. Twenty dollars a month co-pay may not be much to some, but to me it is another expense I wouldn't have for two months if I could get refills.

Before you make your decision--please consider -- all the residents who are in the same financial bind .

Sincerely,